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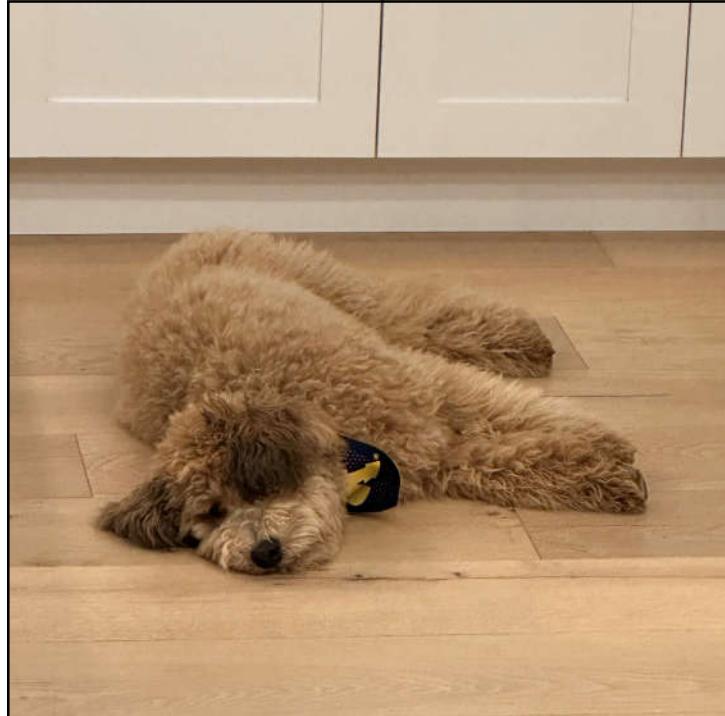


2

# Define It

- Syncope is a *transient* loss of consciousness and postural tone characterized by relatively rapid onset, usually short duration, and *spontaneous recovery* and is due to global cerebral hypoperfusion.

3



## Not Syncope

- Hypoglycemia
- Tox
- 'Dizzy'
- Seizure

4

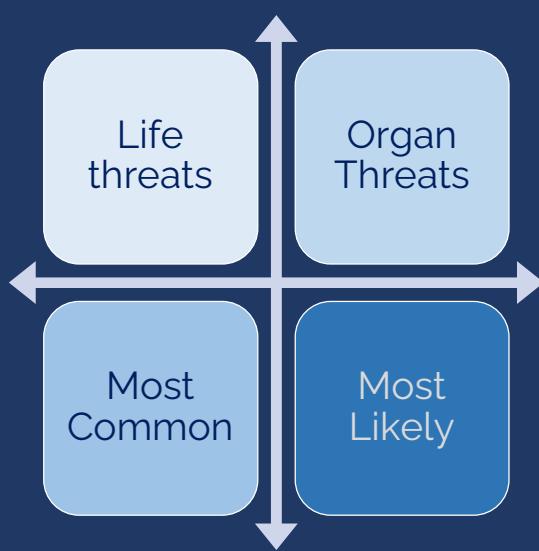
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## What's the Big Deal?

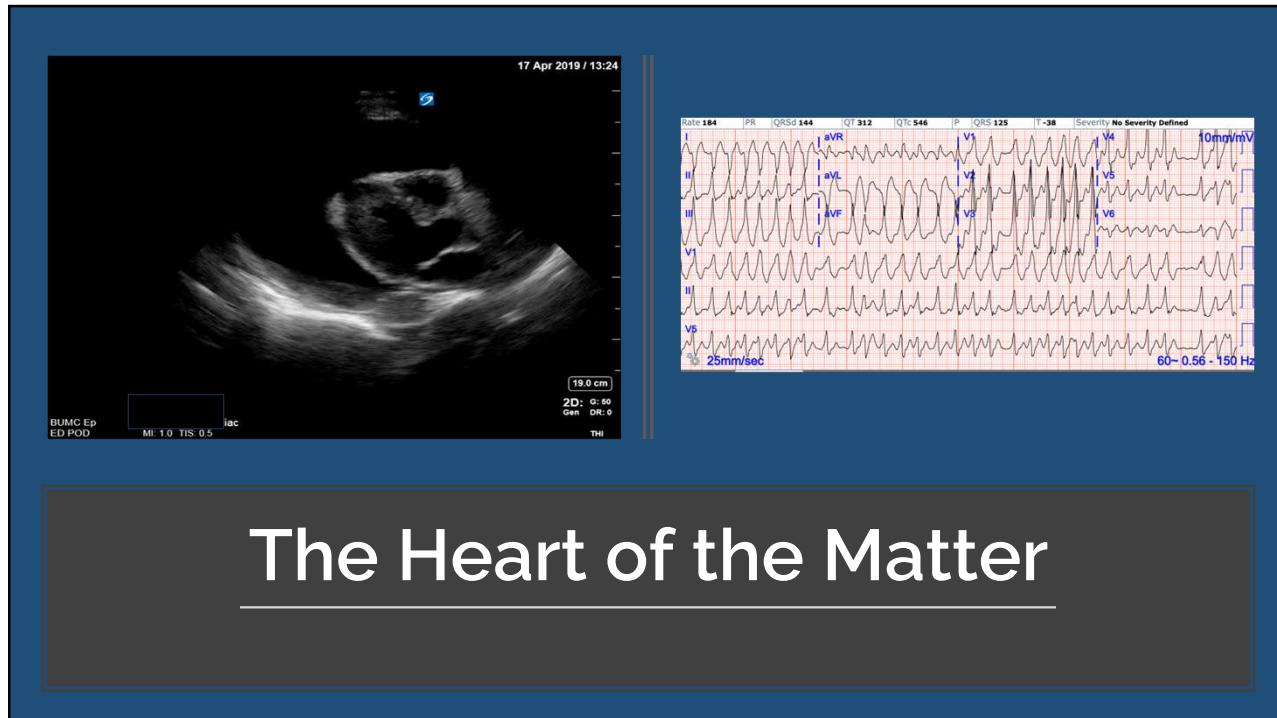


5

## The Crux of EM



6

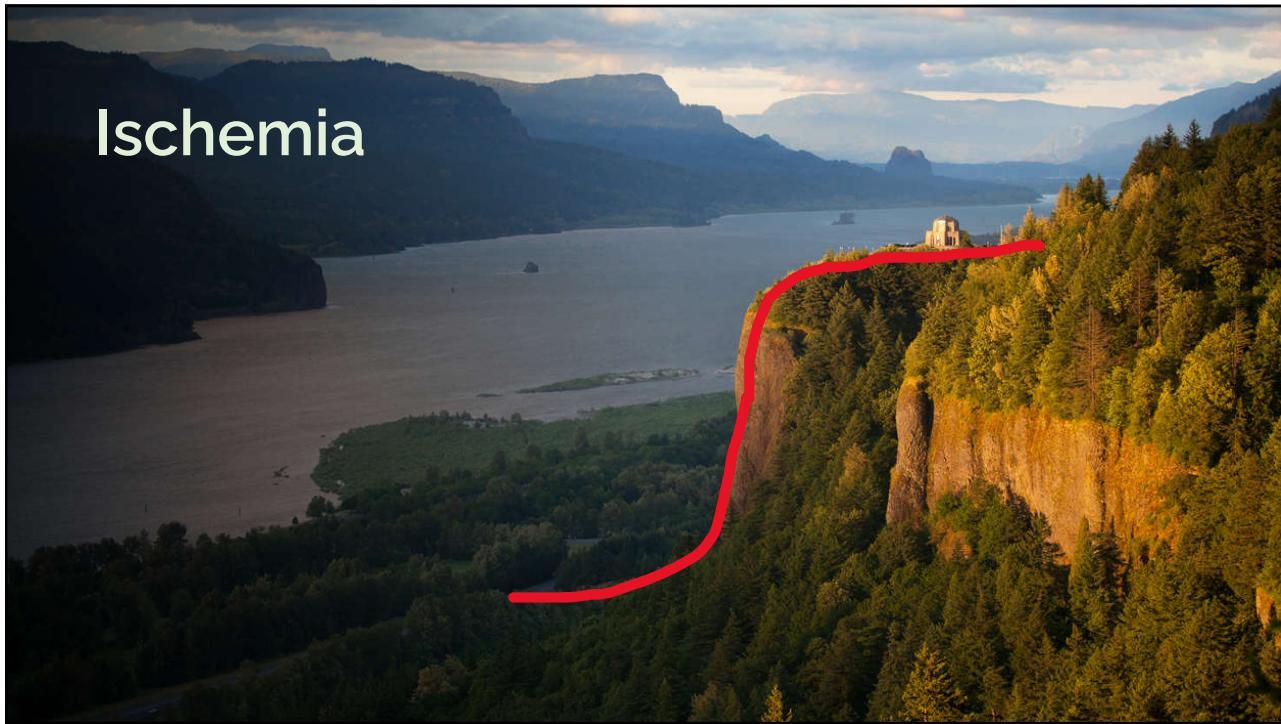


## The Heart of the Matter

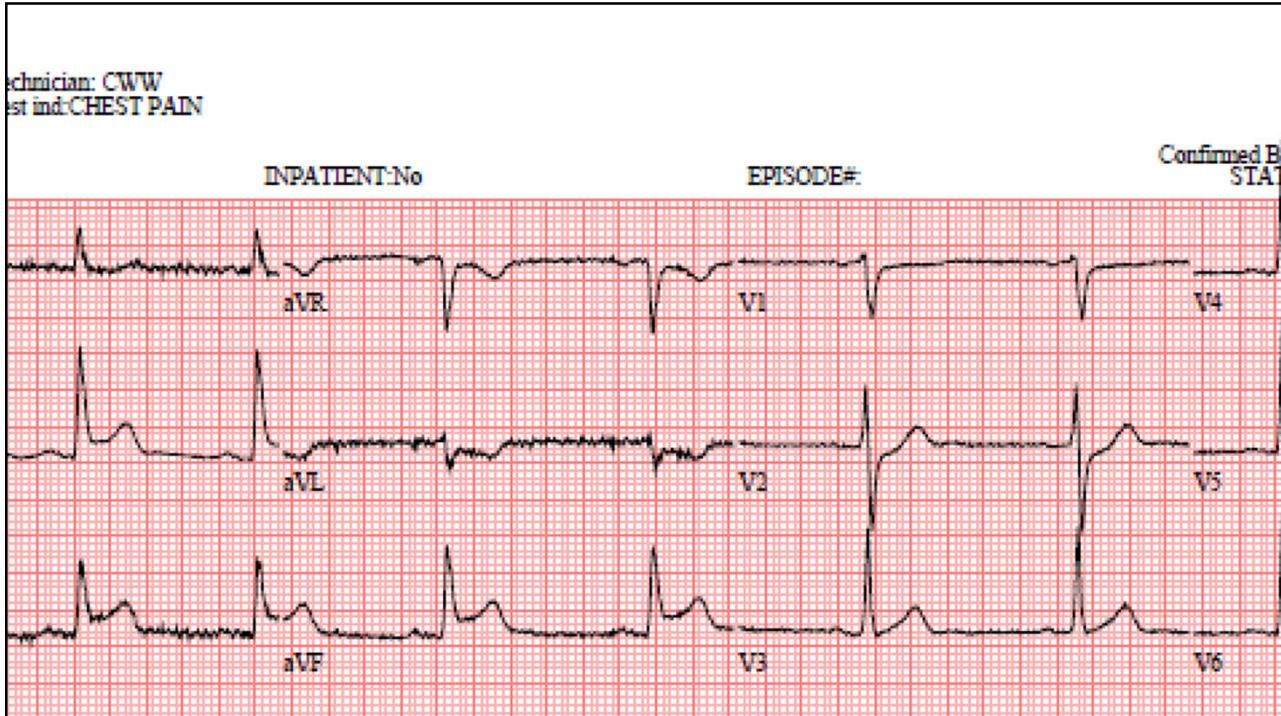
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8



9



10



Rarely cause syncope

- AFib
- SVT
- MAT
- Sinus tachycardia

11

## The Fatal Five

- ✓ WPW
- ✓ Prolonged QT
- ✓ Brugada
- ✓ HOCM
- ✓ ARVC

MDM:

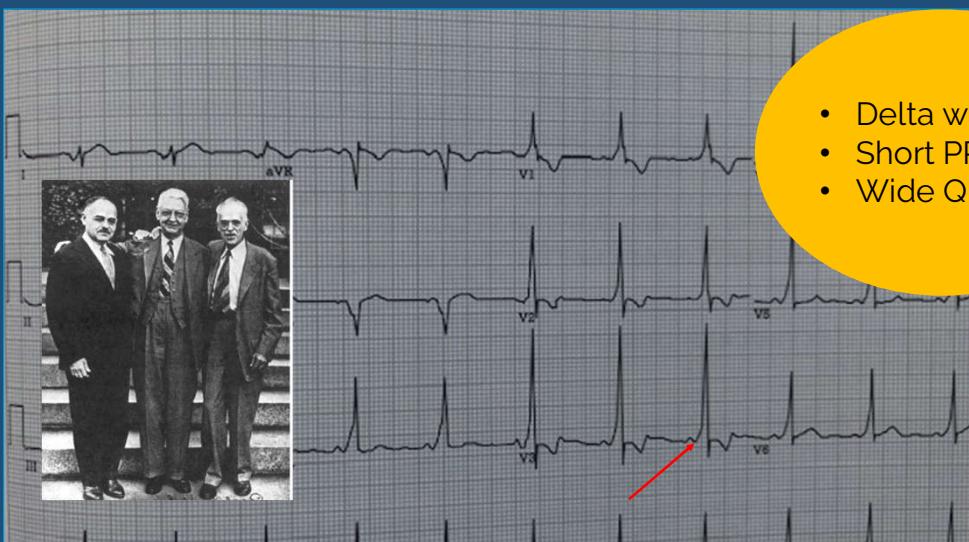
*ECG without signs of acute ischemia, dysrhythmia, WPW, Prolonged QT, Brugada, HOCM, ARVC.*

12

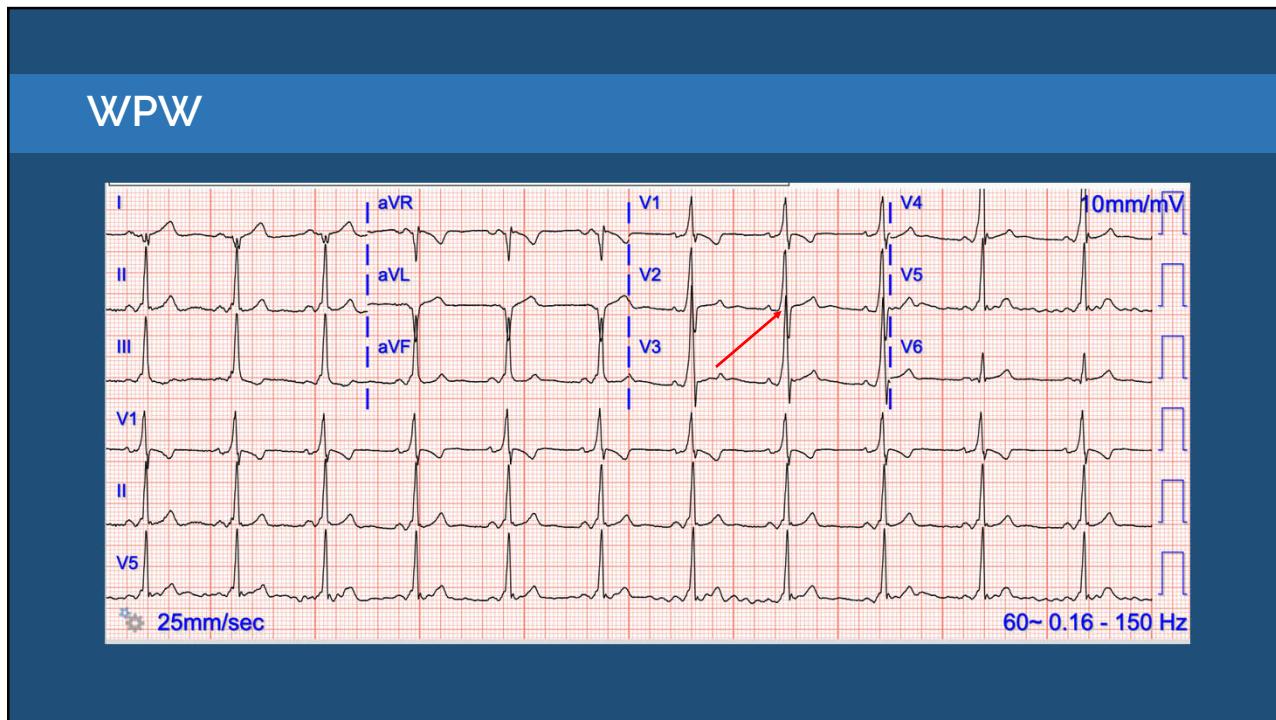


13

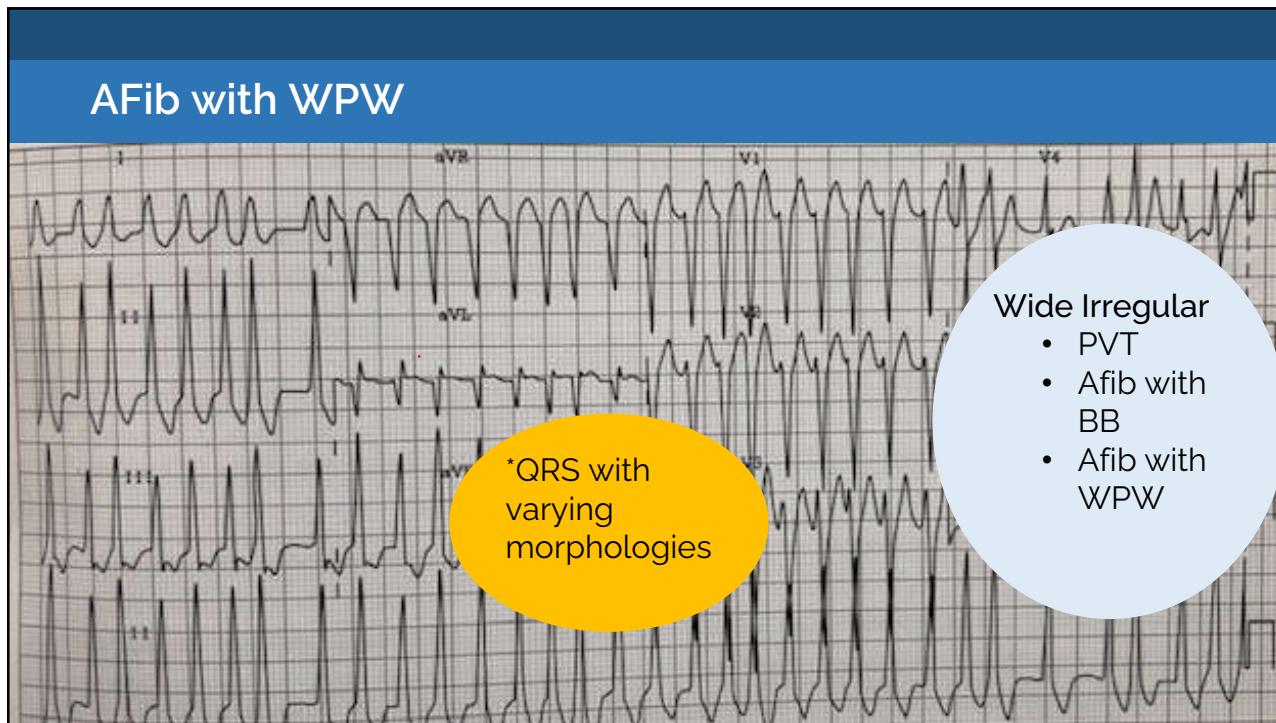
## Wolff-Parkinson-White (WPW)



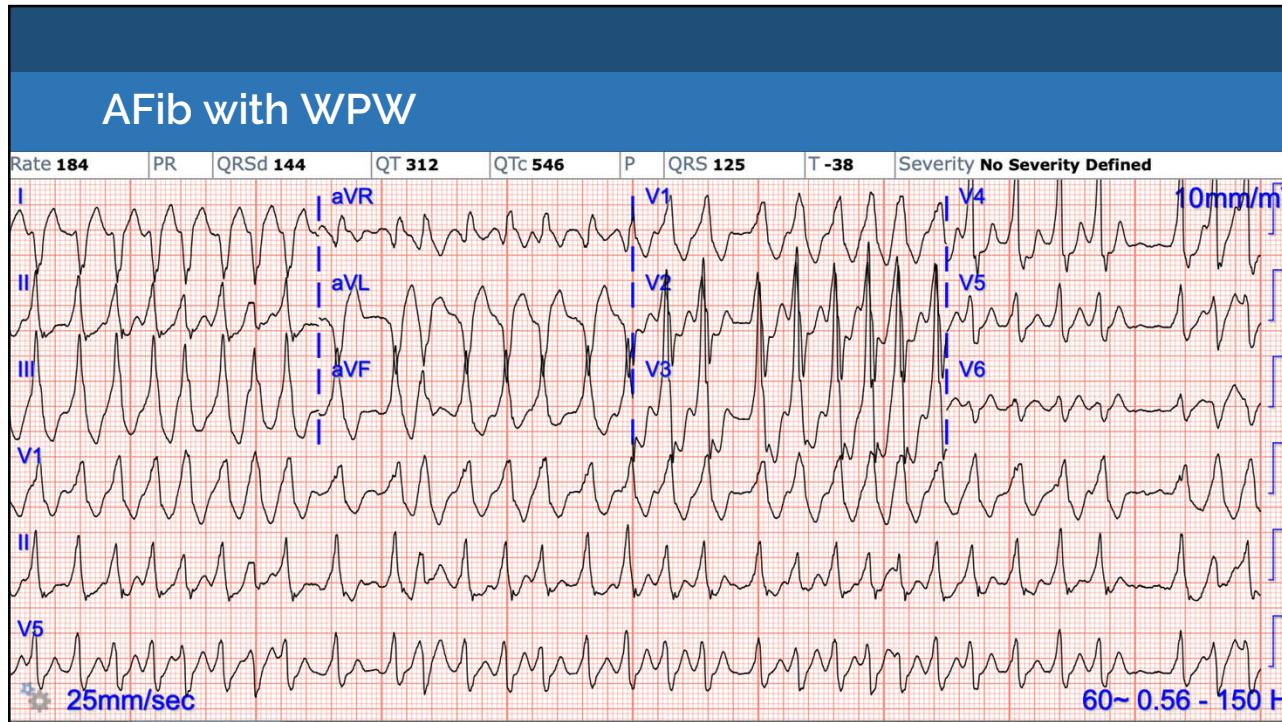
14



15



16



17

## Treatment?

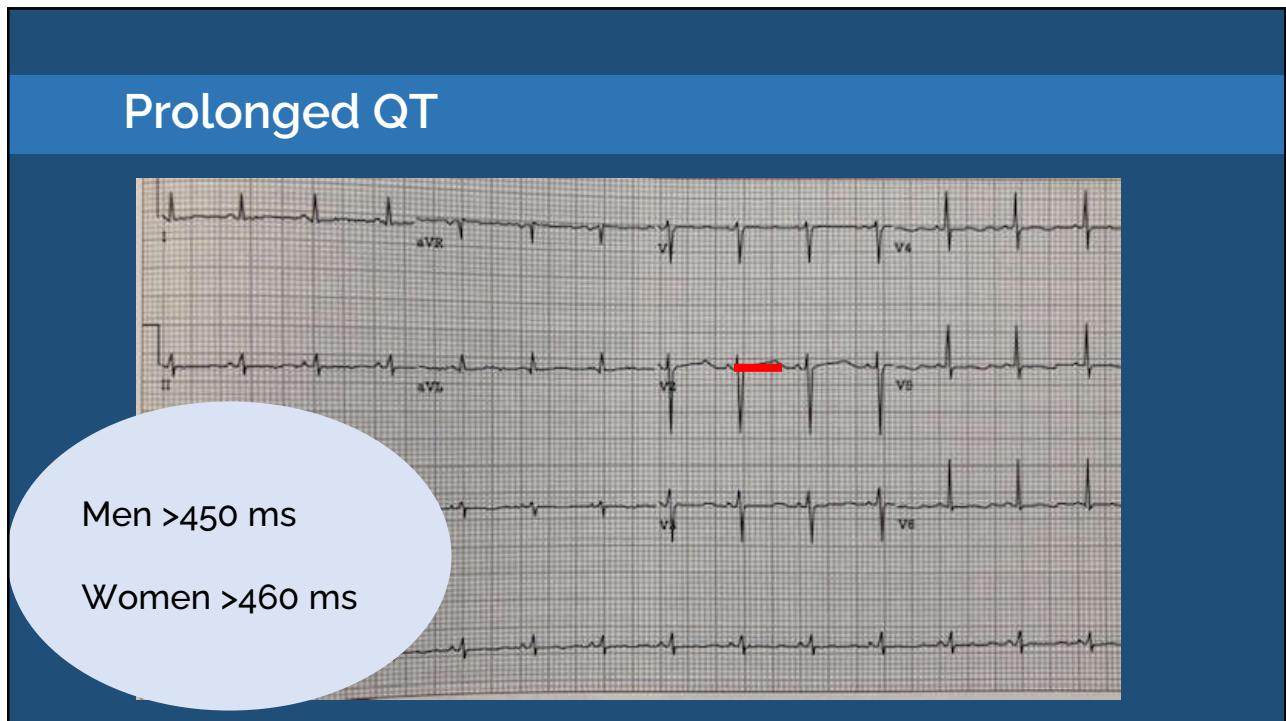
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- AVOID AV NODAL BLOCKERS
  - BB
  - CCB
  - Amio
- Use
  - Procainamide
  - Electricity

18

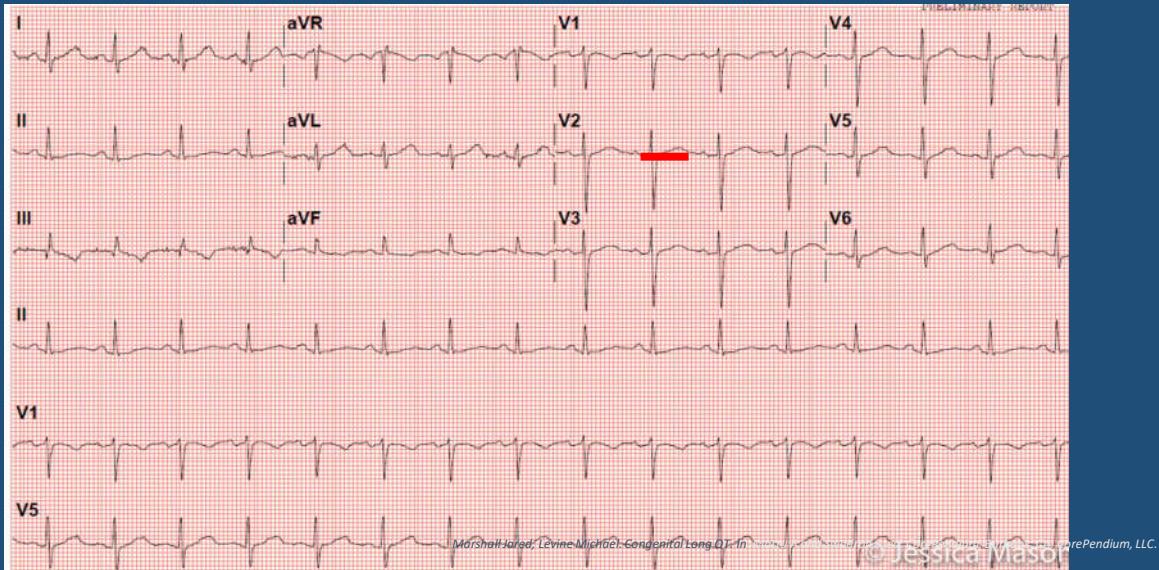


19



20

## Prolonged QTc



21

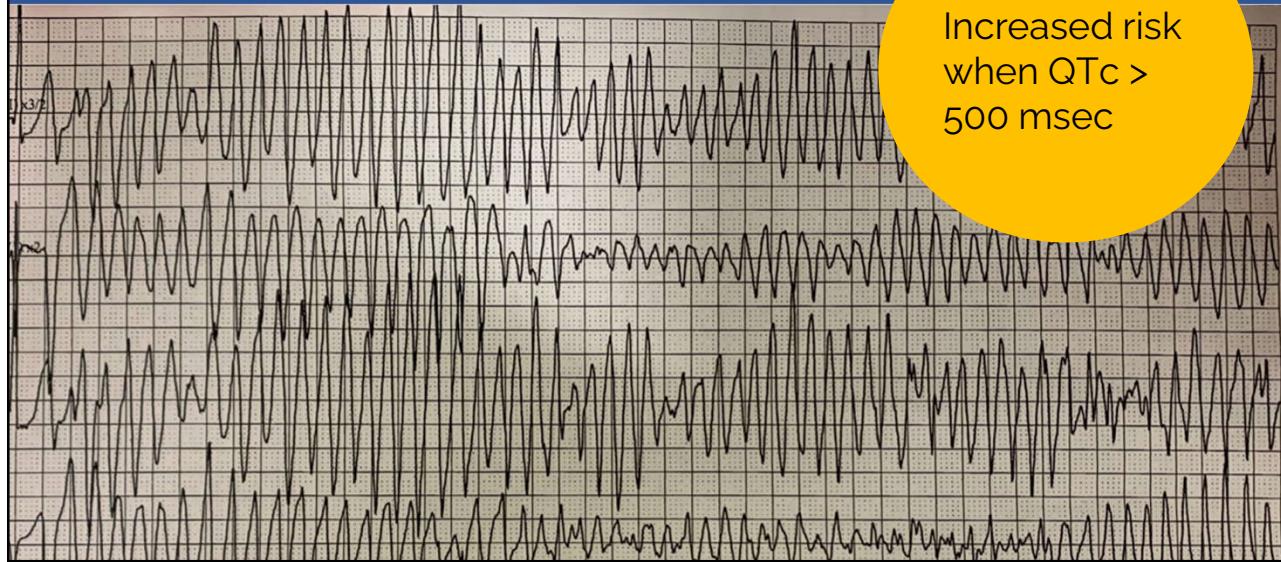
## Prolonged QT: Etiology

- Congenital
- Meds
- Lytes



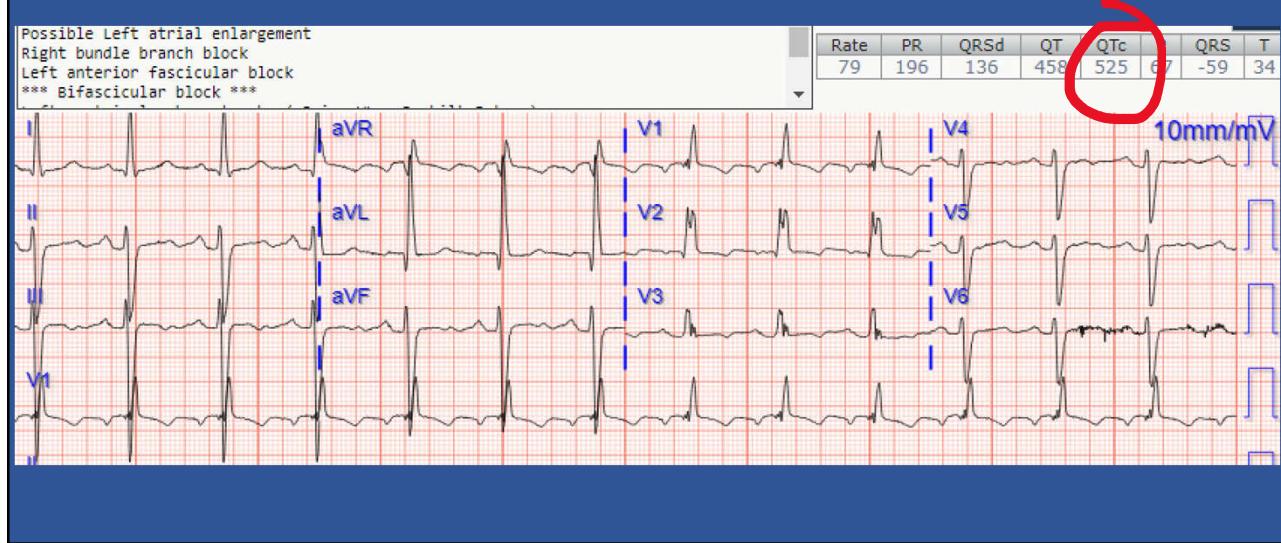
22

## Torsade



23

## Prolonged QTc & the Wide QRS



24

## QTc & the Wide QRS

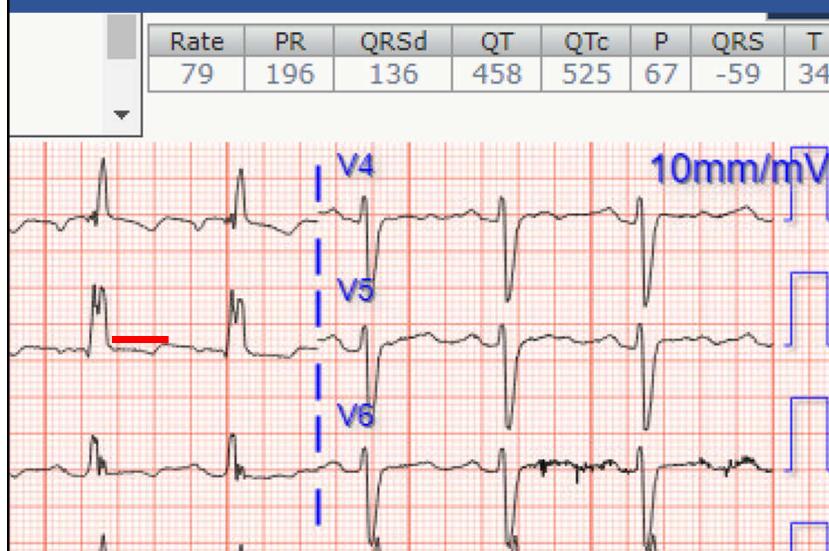
- Simple method
  - Subtract half QRS duration from QTc
- JTc
  - QTc-QRS
  - Unique intervals

>420 ms



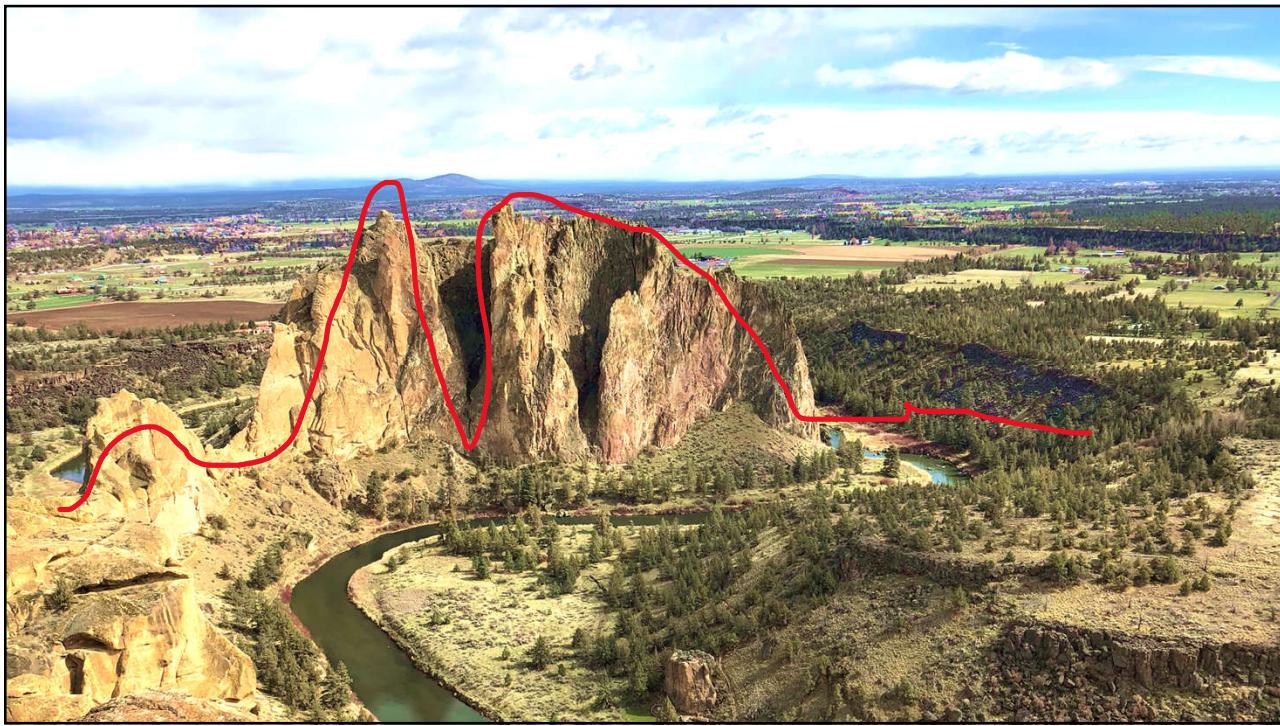
25

## Calculating Modified QTc



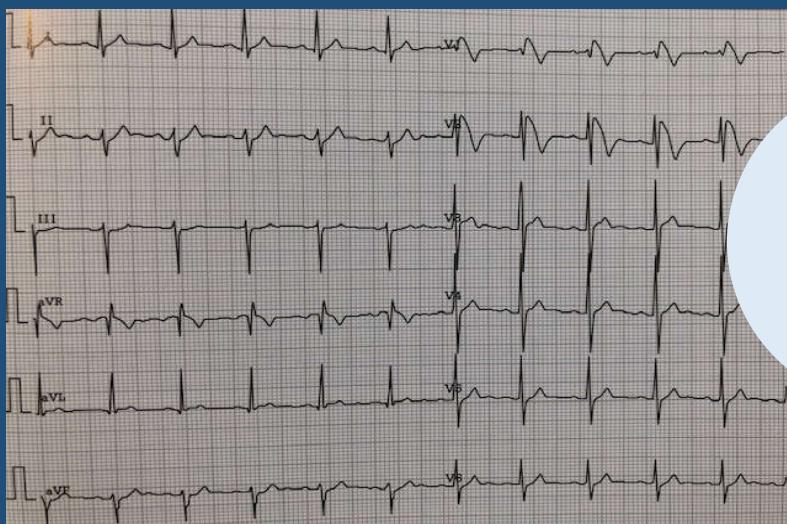
- Simplified
  - QTc- 1/2 (QRS)
  - $525 - \frac{1}{2}(136) = 457$  msec
- JTc
  - QTc-QRS
  - $525 - 136 = 389$  msec
  - <420 msec

26



27

## Brugada



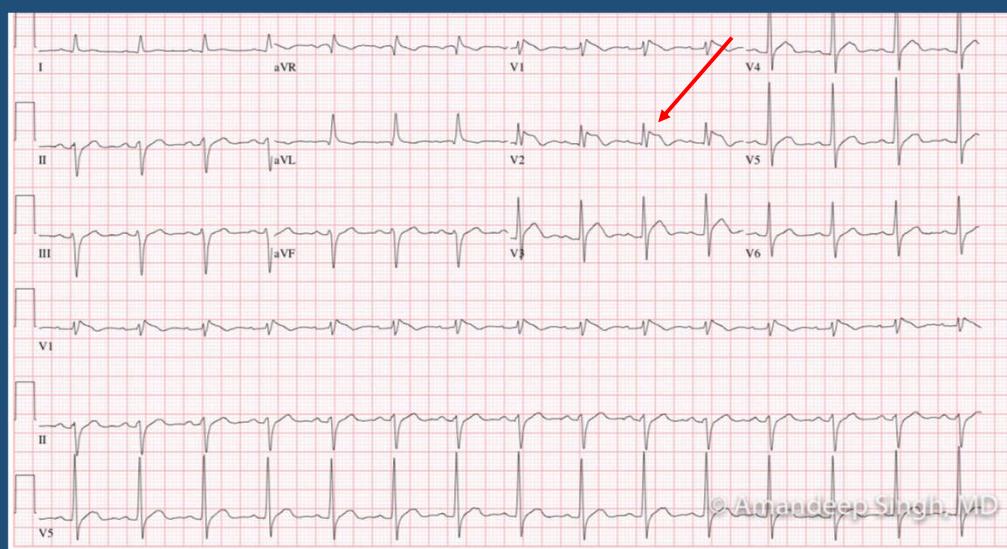
- RBBB
- STE in V<sub>1</sub>, V<sub>2</sub>

28



29

## Brugada



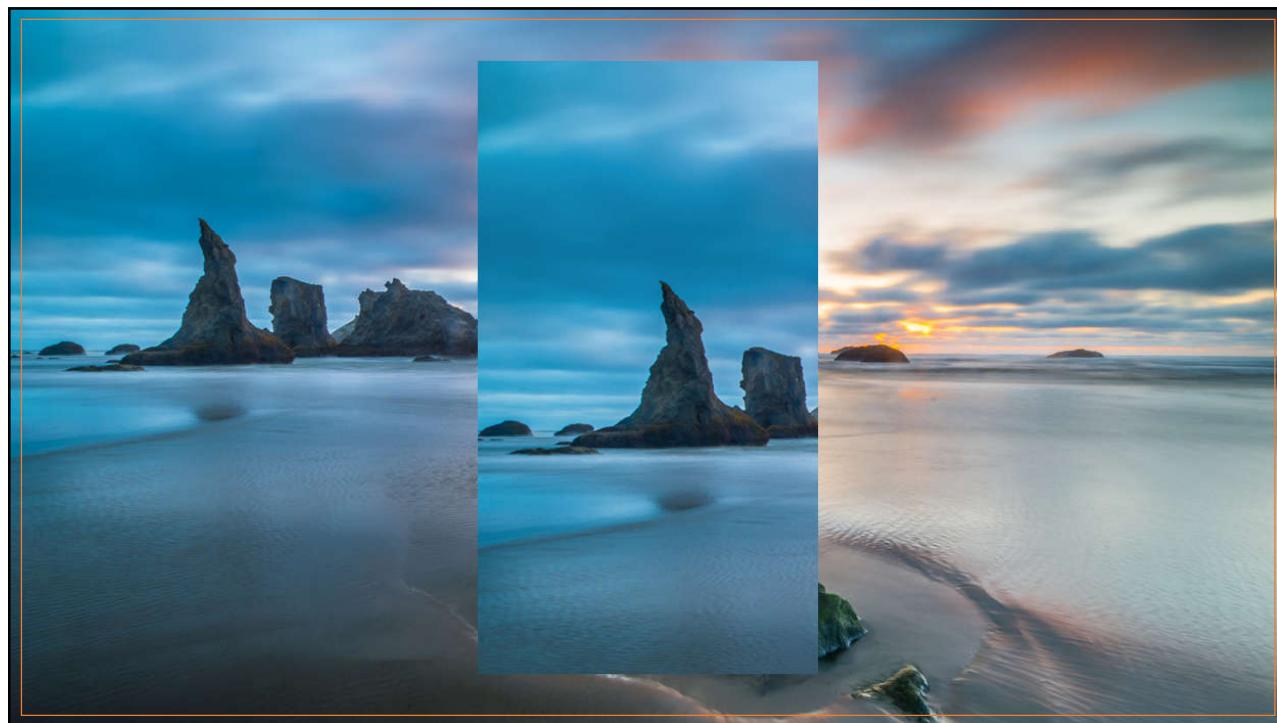
30



## Brugada Pearls

- Unmasked by stressors
- Refer to cardiology
- Specify 'Brugada' when ordering an outpatient monitor,

31

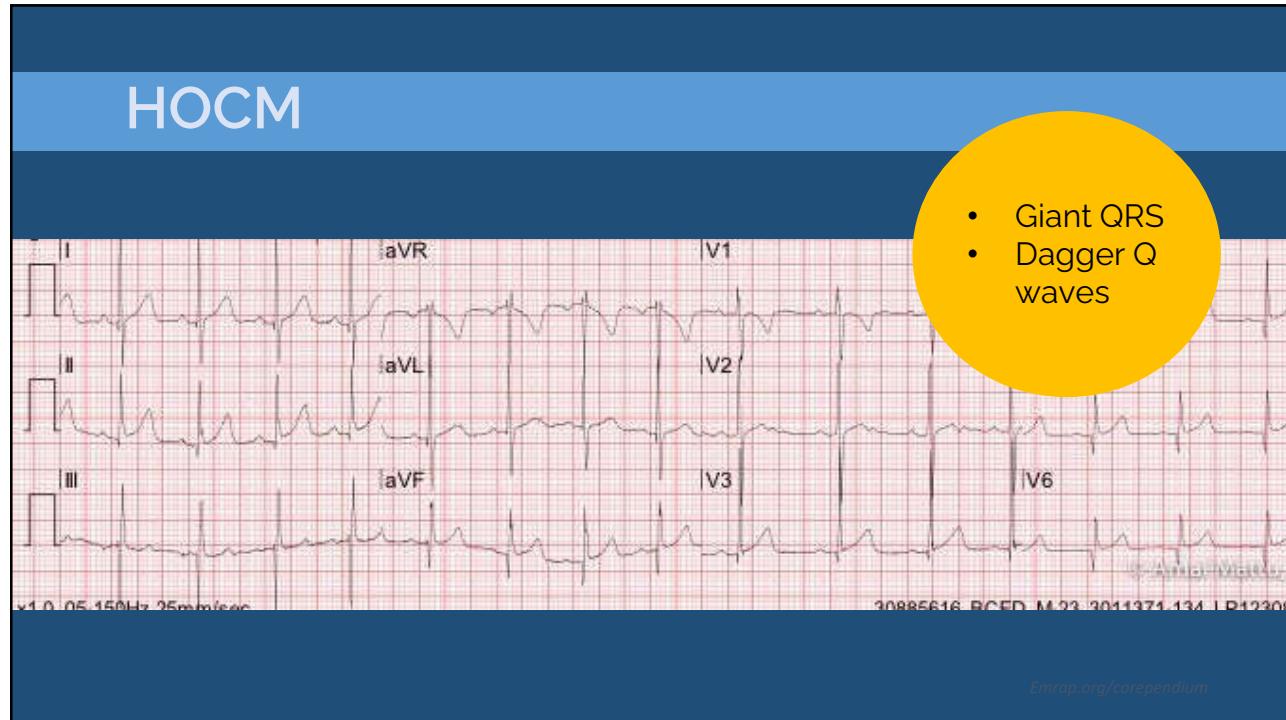


32

## Hypertrophic Obstructive Cardiomyopathy (HOCM)

- Leading cause of SCD in younger patients
  - 50% without family history
- Both structural and electrical abnormalities
- Most commonly present with dyspnea on exertion

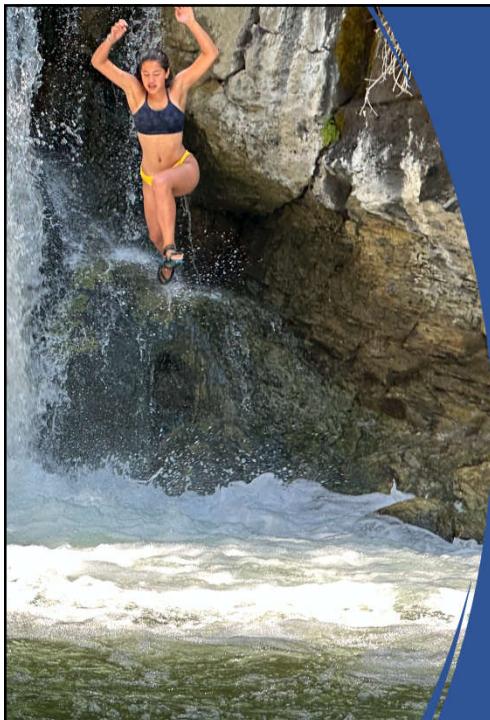
33



34



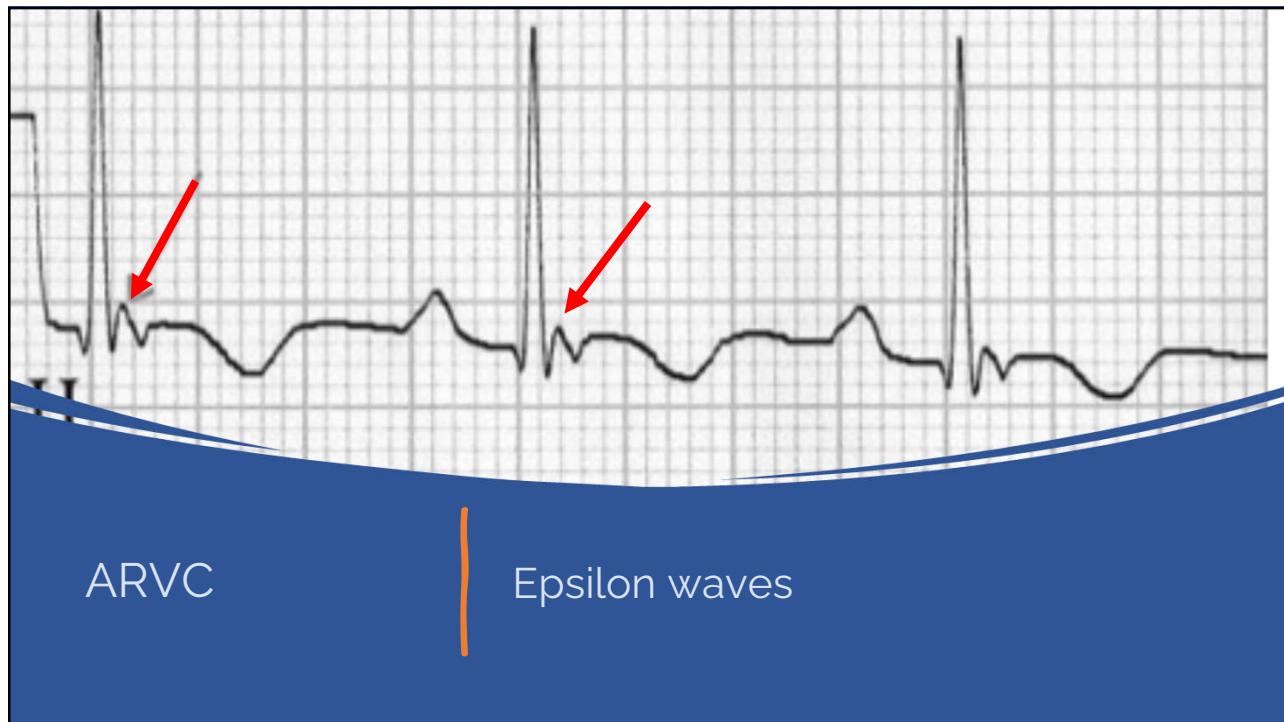
35



## Arrhythmogenic Right Ventricular Cardiomyopathy (ARVC)

- Autosomal dominant
- Second most common cause of SCD in young patients after HOCM
- Often involves LV

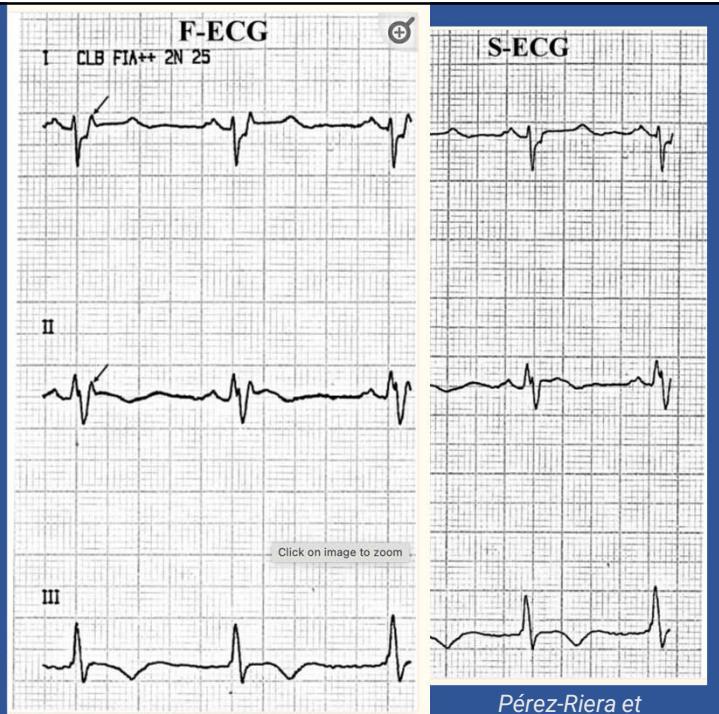
36



37

## Diagnosis

- ECG
  - Fontaine leads
- Biopsy
- MRI



38

# Après

- Life threats first
- History & ECG
- Fatal 5
  - WPW
  - Prolonged QT
  - Brugada
  - HOCM
  - ARVC
- Don't wait

39

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- Pérez-Berg AR, Barbossa-Barros R, Daminello-Raimundo R, de Abreu LC, García-Niebla J, de Deus Morales MJ, Nikou K, Marcus FI. Epsilon wave: A review of historical aspects. *Indian Pacing Electrophysiol J*. 2019 Mar-Apr;19(2):63-67. doi: 10.1016/j.ipej.2019.02.003. Epub 2019 Feb 21. PMID: 30798961; PMCID: PMC6450822.



40